

# A SEASON OF LENTEN OPPORTUNITIES... 2023

## CONFESSION SCHEDULE DURING LENT:

*Saturday's 3pm to 3:45pm or anytime by request*

### ***EVENING CONFESSIONS OFFERED:***

Wednesday March 1st        7:30pm to 8:30pm  
Wednesday March 8th        7:30pm to 8:30pm  
Wednesday March 15th       7:30pm to 8:30pm  
Wednesday March 22nd       7:30pm to 8:30pm  
Wednesday March 29th       7:30pm to 8:30pm

### ***PARISH PENANCE SERVICE THURSDAY MARCH 30<sup>TH</sup>- 7pm***

Wednesday April 5th        7:30pm to 9pm  
*April 5<sup>TH</sup>-LAST OPPORTUNITY FOR CONFESSION BEFORE EASTER*

## SCRIPTURE STUDY ON SUNDAY READINGS FOR LENT:

(HELD IN CHURCH CRY ROOM)

### ***EVENING BIBLE STUDY – Join Fr. Timothy Buckley***

Wednesday March 1st       7pm to 8pm  
Wednesday March 8th       7pm to 8pm  
Wednesday March 15th       7pm to 8pm  
Wednesday March 22nd       7pm to 8pm  
Wednesday March 29th       7pm to 8pm

### ***AFTERNOON BIBLE STUDY- Join Monsignor Robert Powell***

Thursday February 23rd    - 1pm to 2pm  
Thursday March 2nd        -1pm to 2pm  
Thursday March 9<sup>th</sup>        - 1pm to 2pm  
Thursday March 16th       - 1pm to 2pm  
Thursday March 23rd       -1pm to 2pm  
Thursday March 30th       -1pm to 2pm

## EUCCHARISTIC ADORATION DURING LENT

(HELD IN CHAPEL)

### **DAYTIME:**

Monday through Friday 9:30am to 3pm

### **NIGHTIME:**

Monday through Friday 7:30pm to 8:30pm

### ***ADORATION DURING HOLY WEEK:***

Monday through Wednesday:

Daytime: 9:30am to 3pm - Evening: 7:30pm to 8:30pm

Holy Thursday: Following Mass, the Chapel will remain open until 11PM

Good Friday: The Chapel will be open for Quiet prayer from noon to 3pm

## THE HOLY SACRIFICE OF THE MASS DURING LENT

### **ASH WEDNESDAY: February 22,2023**

6:30am - 9am and **7pm** - Mass  
Ashes will be distributed during Mass  
4:45pm Prayer Service with ashes distributed

### **WEEKEND AND DAILY MASS SCHEDULE:**

SATURDAY EVENING VIGIL: 4pm  
SUNDAY 8am, 10am and 12 noon  
WEEKDAYS 6:30am and 9am

### **HOLY WEEK MASS SCHEDULE:**

### **MONDAY THROUGH WEDNESDAY:**

6:30am and 9am DAILY MASS

### **HOLY THURSDAY:**

### **7:30 PM MASS OF THE LORD'S SUPPER**

*FOLLOWING MASS, THE CHAPEL WILL REMAIN  
OPEN UNTIL 11:00PM FOR ADORATION*

### **GOOD FRIDAY:**

THE CHAPEL WILL BE OPEN FOR QUIET PRAYER  
from Noon to 3pm

**2:45pm Divine Mercy Novena begins**

**3pm CELEBRATION OF THE LORD'S PASSION  
WITH VENERATION OF THE CROSS**

### **HOLY SATURDAY:**

**7:30pm EASTER VIGIL MASS**

### **EASTER SUNDAY MASSES**

**8am – 10am and 12 noon**

***Come, all are welcome.***

***Receive the grace, accept the courage,  
acknowledge the wisdom, and  
trust in Jesus, your path to peace.***

## SEASON YOUR SPIRIT THIS LENT:

***THIS LENT RENEW YOUR MIND, READ THE BIBLE, READ THE LIVES OF THE SAINTS,  
BE INSPIRED TO STEP OUT IN FAITH AND LET GOD TRANSFORM YOUR LIFE.***

*Each Lent the Church asks us to make a personal sacrifice. We are called to repent, to turn from sin, to detach from material goods, abstinence, and mortification, and to seek to find God in our everyday lives. There is a special call to prayer, fasting and almsgiving. During these forty days, we need to prepare our hearts and minds; make the time to seek God in the silence, coming to him in prayer. Now is the time to open ourselves up to the anticipation of Lent and the deeper questions of life. Here at St. Cyril's, we have ample opportunities to assist you with your Lenten devotions, pray and see where God is calling you to step out in faith.*

*Let us all as a parish go one step further than we have in the past. Make the time, make a stand, do something for yourself and your loved ones. Attend Mass more often, pray, reflect, and go to confession.*

*Come and pray the Stations of the Cross. Go one step further and invite a friend to come with you.*

*Especially as we prepare for Eucharistic Revival make a visit to Eucharistic Adoration and spend time with Jesus in the Most Blessed Sacrament. Go one step further and commit to coming one hour each week during Lent, sign-up sheets are in the Narthex.*

*Grow your faith with one of our Bible Studies or visit [Formed.org](http://Formed.org). or spend 15 minutes a day in reading and meditating on God's Word. Then go one step further and share with a loved one what you discovered.*

*This year make your Lenten choices and make a solemn commitment. Then go one step further and write it down. Pray for the grace to follow through with your commitments and fulfill your promises.*

*God is ready, willing, and able to transform us. Be the inspiration others need, let Christ's love light a fire in you. Step out in faith and make this your best Lent ever!*

### SOME SUGGESTIONS FOR LENT:

*GIVE UP BITTERNESS; TURN TO FORGIVENESS*

*GIVE UP NEGATIVISM; BE POSITIVE*

*GIVE UP HARSH WORDS; SHARE KINDLY THOUGHTS*

*GIVE UP DISCOURAGEMENT; BE FULL OF HOPE*

*GIVE UP PETTINESS; BE MORE MATURE*

*GIVE UP JEALOUSY; PRAY FOR TRUST*

*GIVE UP SIN; TURN TO VIRTUE*

*GIVE UP HATRED; RETURN GOOD FOR EVIL*

*GIVE UP COMPLAINING; BE GRATEFUL*

*GIVE UP WORRY, TRUST DIVINE PROVIDENCE*

*GIVE UP ANGER; BE MORE PATIENT*

*GIVE UP GLOOM; ENJOY THE BEAUTY AROUND YOU*

*GIVE UP GOSSIPING, CONTROL YOUR THOUGHTS*

*RENEW YOUR MIND, READ YOUR BIBLE*

**Decide to be kind to everyone, in all circumstances, and each evening reflect on how well you did!**

**Technology challenges:**

1. Can you give up some technology for Lent? Quit your time on Facebook, you tube, and other social media sites. Stop watching television and give your time to God and to those you love. Pray for those you don't love.

2. Can you make wiser use of your technology? Use your timer and set a reminder to pray, go visit a neighbor or make a meal for the needy. Go to **formed.org** register for free using our parish code 7JN3K2. You will then have access to e-books, movies, audio talks, bible study and faith formation programs for your entire family.

